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MENA GERIATRIC
SUMMIT 2014

ACCREDITED
17 CME
 From DHA

MENA Geriatric SUMMIT 2014

Special Focus on Fragility Fracture Care,
 Co-Morbidities, & Psycho-Gerontology

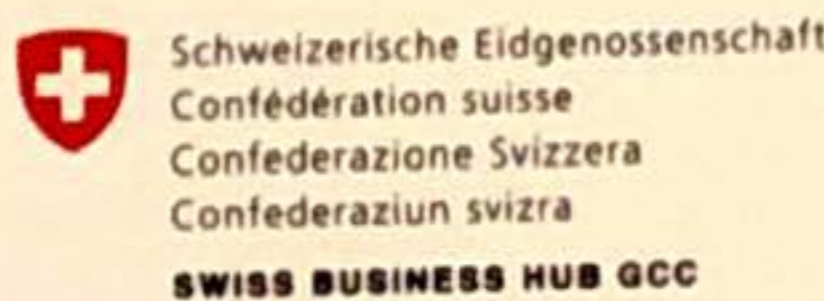
In Partnership of DHA & Swiss Business Council Dubai & Northern Emirates

11-13 December 2014

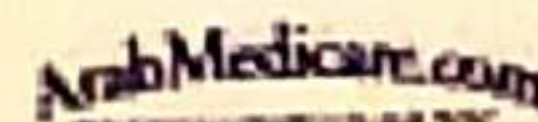
Mohammed Bin Rashid Academic Medical Center
 Dubai Healthcare City, Dubai UAE

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Media



WELCOME MESSAGE

Dear Colleagues,

On behalf of the Dubai Health Authority (DHA), I would like to welcome you to the First MENA Geriatric Summit in the UAE, which is taking place in Dubai from the 11th to the 13th of December, 2014, at the Sheikh Mohammed Bin Rashid Al Maktoum Academic Center, Dubai Health Care City (DHCC).



The Dubai Health Authority is responsible for securing and providing the very best healthcare standards in Dubai. We strongly support summits such as this one, which present an opportunity to share experiences and discuss the latest advances in medicine.

Geriatric care has emerged as a particularly important field, given that the ageing population trend is now becoming a global challenge. Ensuring that our elders are well taken care of, that they have access to the very best in healthcare so that they face minimum complications and lead an independent life to the best extent possible, is a priority for us at the DHA.

The number of Emiratis over 60 has increased by 22 per cent in five years, from 32,400 in 2005 to about 39,400 in 2010, and the number is expected to reach 47,000 by 2020. Looking after a rapidly growing number of elderly people is one of the most significant challenges facing health authorities and experts in geriatric care.

This summit is particularly important as it discusses latest advances on how to tackle various health complications faced by the ageing population including fragility fracture, co-morbidities. In addition, the summit will also discuss the latest advances in psycho-gerontology.

The summit programme highlights various aspects of elderly related health problems, this is reflected in the number of eminent healthcare professionals from around the world who will be joining and speaking at the congress. The congress brings together experts from different disciplines such as primary care physicians, orthopedics, psychologists, neurologists, gerontologists etc. to discuss the latest advances in addressing geriatric issues.

This is a platform where international, regional and local eminent speakers will get an opportunity to discuss and understand the latest in better management and treatment options for the elderly.

We look forward to your active support and participation.

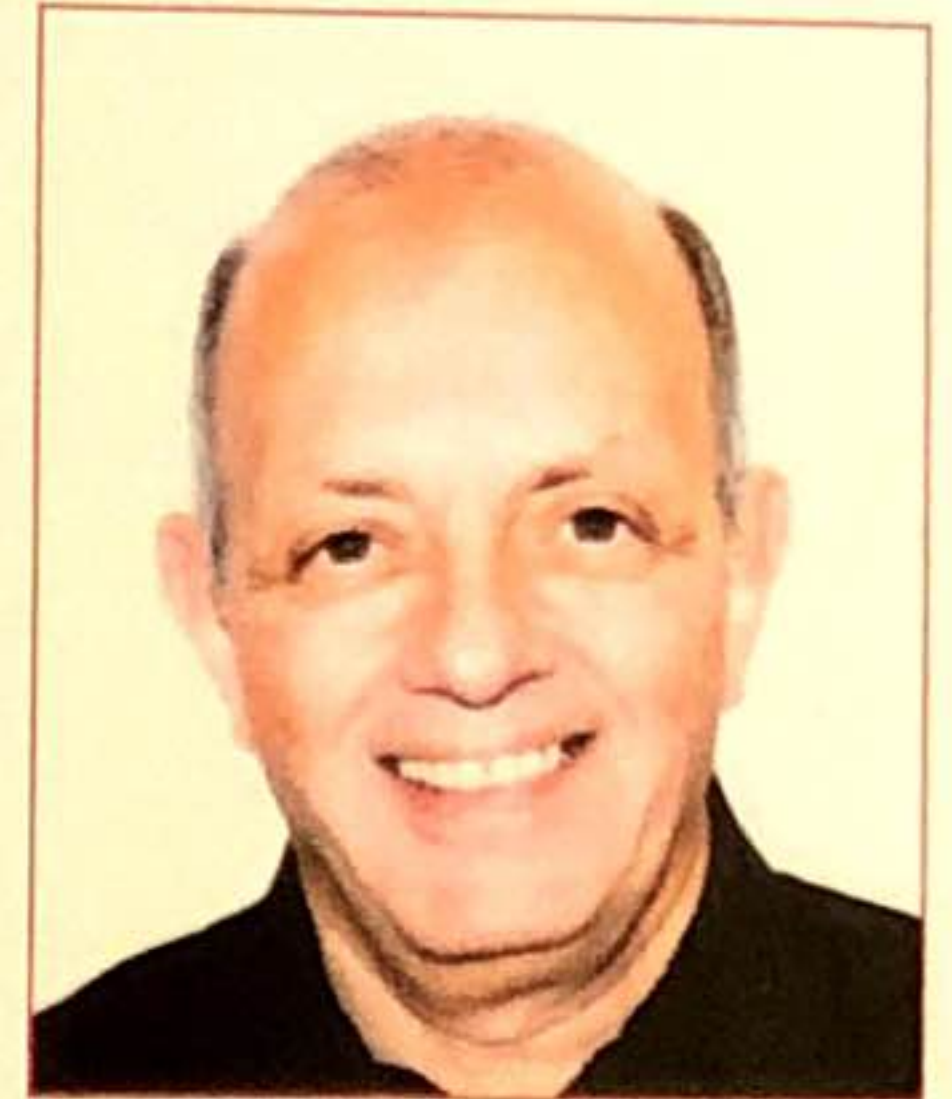
Kind regards,

Essa Al Madoor
Director-General
Dubai Health Authority

WELCOME MESSAGE

When colleagues select one to serve the professional community - locally, regionally, and globally - the opportunity is a highlight in one's career.

What could be more flattering than to be an instrument in highlighting the development of Geriatric Care with experts from the UAE, MENA, and various nations of North America, Europe, and Asia.



As medical and behavioral science professionals, we have emerged from academic theorist to practitioners without compromising our growing academic significance in the studies of Gerontology. Today, people worldwide know the implementation of physiology, socio-psychology, biology, economics, recreational benefits, as well as spiritual needs of the aging population.

This Summit, further awakens more of our world's population in the Middle East region. Professionals from the Arab Gulf States, Levant, & North Africa cover topics of the essence to academics, practitioners, & the public-at-large.

Awareness of Geriatrics is of the essence in everyone's daily life. This gathering will cultivate an emerging international consciousness of our chosen regional interest in addressing environmental and global issues of the aging population.

The ultimate goal: to enrich professionally and use our knowledge to develop and sustain the deserved quality of life via best practice for the older adults of our planet.

Dr. Raymond H. Hamden

President, Geriatric Summit

WELCOME MESSAGE



We are very much excited to host the 1st MENA Geriatric Summit on December 11-13, 2014 in the Emirate of Dubai. Being done for the first time in the region, we have a long list of organizations and individuals contributing to make this the stand-out event for all those working in Geriatrics and Care of Elderly People in the Middle East.

First, I would like to thank Dubai Health Authority - DHA for their pioneering vision and for supporting us to host this summit.

I would also like to recognize the significant contribution made by AOTrauma Middle East and Emirates Medical Association (EMA), and the support of Pan Arab Orthopedic Association, GCC Orthopedic Association, Human Relations Institute and Clinics, Fragility Fracture Network (FFN), Emirates Diabetes Society, Emirates Orthopedic Society, Swiss Health, 4-get-me-not, and Switzerland Global Enterprise.

Our three-day conference program had been designed to cover a breadth of topics in Geriatrics with special focus on Fragility Fracture, Co-Morbidities, and Psycho-Gerontology. Presentations prepared by global experts as well as panel discussions will provide our delegates with the very latest information on best practices and the most recent developments in Dementia research and challenges, day care centers quality in services, and more.

As you will enjoy the rich assortment of our educational sessions in this significant event, please take some time to visit our beautiful host city Dubai, and we ensure you that it will be the most rewarding and enjoyable experience!

We look forward to seeing you in Dubai.

Lucien Ghanem

(MSHRM)

MENA Geriatric Summit Chair

SCIENTIFIC COMMITTEE

- **Prof. Dr. Peter Messmer** Chairman
General & Trauma Surgeon
Professor of Surgery, University of Basel,
Switzerland
Member of the AOTrauma- Switzerland
- **Prof. Dr. Jean Pierre Michel** Member
Geriatrician
Past President of the European Union Geriatric
Medicine Society (EUGMS), Brussels & Vienna
Co-Founder of MEAMA (Middle East Academy for
Medicine of Aging) Faculty - Switzerland
- **Dr. Michael Lefkovits** Member
Cardiologist
Medical Director Dubai Mall Medical Center -
Switzerland / Dubai
- **Dr. Amal Al Jaziri** Member
Consultant Elderly Care
Head of Elderly Care Unit Health Affairs Department
Primary Health Care Sector Dubai Health Authority
(DHA)
- **Dr. Ahmad Foul Member** Member
Senior Specialist Geriatrician
Head - Geriatrics Unit Rashid Hospital
Dubai Health Authority (DHA)
- **Dr. Mohammad Khezrian** Member
Consultant Geriatrician
Consultant Family Medicine Geriatric Medicine
Dubai Health Authority (DHA)

ORGANIZING COMMITTEE

- | | | |
|--------------------------------|-----------|---|
| • Lucien Ghanem (MSHRM) | Chairman | MENA Geriatric Summit, Swiss Business Council Dubai & Northern Emirates |
| • Dr. Manal Taryam | Member | CEO Primary Health Care - DHA |
| • Dr. Nahed Monsef | Member | Consultant Family Medicine - DHA
Acting Director of Health Affairs |
| • Dr. Amal Al Jaziri | Member | Consultant Elderly Care - DHA |
| • Dr. Anood Al Shaali | Member | Specialist Registrar Elderly Care Unit - DHA |
| • Ms. Hana A. Abdulla | Member | Head of Events Management - DHA |
| • Ms. Rahja Daher | Organizer | Swiss Business Council Dubai & Northern Emirates |

PROGRAMME

Day 1 - December 11th 2014

08:00 - 08:30 OPENING CEREMONY WELCOME & ANNOUNCEMENTS
National Anthem – UAE
National Anthem - Switzerland
- **Lucien Ghanem**, Chair of the Summit, UAE
- **H.E Engineer Essa Al Madoor**, Director General DHA, UAE
- **HE Andrea Reichlin**, Ambassador of Switzerland to UAE
- **Peter Harradine**, President of Swiss Business Council Dubai & Northern Emirates, UAE

08:30 – 08:45 Exhibition - Tea & Coffee

MODERATORS

- **Lucien Ghanem**, Chair of the Summit, UAE
- **Dr. Nahed Monsef**, DHA, UAE
- **Dr. Mohammed Ali Khezrian**, DHA, UAE

08:45 – 09:15 *Geriatric is Growing Old Gracefully*
- **Dr. Raymond H. Hamden**, USA

09:15 – 09:45 *Mental Health in the Elderly Population*
- **Dr. Georges Karam**, USA / Lebanon

09:45 – 10:15 *The Nutrition Care Pathway in the Older Adults*
- **Prof. Dr. Jean-Pierre Michel**, Switzerland

10:15 – 10:30 Exhibition - Tea & Coffee Break

MODERATORS

- **Dr. Raymond H. Hamden**, USA
- **Prof. Dr. Jean-Pierre Michel**, Switzerland

10:30 – 11:00 *New Directions in the Institution of Geriatric Health Care*
- **Maha Abou Chawareb**, Lebanon

11:00 – 11:30 *Social Gerontology*
- **Dr. Tatiana Schifferle-Rowson**, UK

11:30 – 11:55 *Extraskeletal Actions of Vitamin D - Myths or Facts?*
- **Dr. Ghassan Maalouf**, Lebanon

11:55 – 12:25 *Nutrition Management*
- **Mrs. Wafaa Ayesh**, DHA, UAE

12:25 – 13:25 Lunch – Exhibition

PROGRAMME

MODERATORS

- Prof. Dr. Ahmed Mortagy, Egypt
- Dr. Abdul Razzak Al Madani, UAE
- Dr. Fathiya Alawadi, DHA, UAE

13:25 – 13:55 *An Overview of New Guidelines for Medical Care of Elderly Patients with Diabetes*
- Dr. Beyla J. Zuberi, DHA, UAE

13:55 – 14:20 *Osteoporosis - DHA Services*
- Dr. Amal Al Jaziri, DHA, UAE

14:20 – 14:35 *Exhibition - Tea & Coffee Break*

MODERATORS

- Dr. Abdulrazak Abyad, Lebanon
- Dr. Saeed Al Thani, UAE
- Dr. Jamal Al Saleh, UAE

14:35 – 14:55 *Fragility Fractures in Old People - Size of the Problem*
- Dr. Karsten Dreinhöfer, Germany

14:55 – 15:25 *Falls: Epidemiology, Consequences & Prevention*
- Prof. Dr. Jean-Pierre Michel, Switzerland

15:25 – 15:55 *Treatment Update of Osteoporosis*
- Prof. Dr. Reto Krapf, Switzerland

15:55 – 16:25 *Geriatric Medicine in Egypt*
- Prof. Ahmed Mortagy, Egypt

16:25 – 16:40 *Exhibition - Tea & Coffee Break*

16:40 – 17:05 *Management of Osteoporosis in the Elderly Population*
- Prof. Dr. Samir El Badawy, Egypt

17:05 – 18:00 *Geriatric Mental Health Research / Dementia*
- Dr. Mohammed Ali Khezrian, DHA, UAE

PROGRAMME

Day II - December 12th 2014

- 08:00 – 08:15 WELCOME MESSAGE & ANNOUNCEMENTS
- **Lucien Ghanem**, Chair of the Summit, UAE
- **Dr. Nahed Monsef**, DHA, UAE
- MODERATORS
- **Prof. Dr. David Marsh**, UK
- 08:15 – 08:45 *Prevention of Sarcopenia, Frailty & Functional Decline*
- **Prof. Dr. Jean-Pierre Michel**, Switzerland
- 08:45 – 09:15 *Effect of Modern Diet on Musculoskeletal Health in the Elderly*
- **Prof. Dr. Reto Krapf**, Switzerland
- 09:15 – 09:40 *A Western perspective on MENA Geriatric Care Priorities – Acute & non-Acute*
- **Prof. Dr. Martin Corbally**, Bahrain
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- 09:40 – 09:55 *Exhibition - Tea & Coffee Break*
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- MODERATORS
- **Dr. Mohammed Darwish**, Oman
- **Dr. Ghassan Maalouf**, Lebanon
- **Dr. Mohammed Ali Khezrian**, DHA, UAE
- 09:55 – 10:25 *The Old Cardiac Patient Needs Surgery - What to do?*
- **Dr. Michael Lefkovits**, UAE
- 10:25 – 10:50 *Considerations in Caring for the Critically Ill Patient*
- **Dr. Sam Sara**, UAE
- 10:50 – 11:15 *How to Live a Longer & Better Life*
- **Prof. Ahmed Mortagy**, Egypt
-
- 11:15 – 11:30 *Exhibition - Tea & Coffee Break*
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- Moderators
- **Prof. Dr. Peter Messmer**, Switzerland
- **Dr. Saeed Al Thani**, UAE
- **Dr. Mona Sobhi**, DHA, UAE
- 11:30 – 12:00 *Activity Keeps You Young - The Swiss Experience*
Above 60 speaker from Switzerland
- **Art Furrer**

PROGRAMME

12:00 – 12:30 *Activity Keeps You Young - The UAE Experience*
Above 60 speaker from UAE
- **Saeed Hareb**

12:30 – 12:55 *Parkinsonism*
- **Dr. Ahmed Foul**, DHA, UAE

12:55 – 13:55 **Lunch – Exhibition**

MODERATORS

- **Dr. Raymond H. Hamden**, President of the Summit, USA
- **Lucien Ghanem**, Chair of the Summit, UAE

13:55 – 14:25 *Delaying the Onset & Progression of Alzheimer's Disease*
- **Dr. Abdulrazak Abyad**, Lebanon

14:25 – 15:25 *Geriatric on Air - Pannel Discussion on Dubai EYE Radio (103.8FM)*
- Dubai Today Show with **Suzanne Radford**, Host
- **Dr. Raymond H. Hamden**
- **Dr. Ahmed Foul**
- **Dr. Amal Al Jaziri**
- **Dr. Georges Karam**
- **Maha Abou Shawareb**
- **Dr. Tatiana Schifferle-Rowson**

15:25 – 15:55 *Sino European Training Program for High-end Elderly Care Staff*
- **Dr. Toon Quaghebeur**, Belgium

15:55 – 16:25 *Person-Centred Care – the Irish Geriatric Care Model outside of the Acute Hospital*
- **Ms. Helena Moore**, Ireland

16:25 – 16:45 **Exhibition - Tea & Coffee Break**

MODERATORS

- **Dr. Mohammed Darwish**, Oman
- **Dr. Amal Al Jaziri**, DHA, UAE
- **Prof. Dr. Samir El Badawi**, Egypt

16:45 – 17:10 *Depression in Older Adults & the Elderly*
- **Dr. Raymond H. Hamden**, USA

17:10 – 17:35 *COPD*
- **Dr. Mohammad Ali Khezrian**, DHA, UAE

17:35 – 18:00 *Healthy Ageing for Older Adults*
- **Prof. Abdulrazak Abyad**, Lebanon

PROGRAMME

Day III - December 13th 2014 - AO Trauma Symposium

- 08:00 – 08:15 WELCOME & ANNOUNCEMENTS
- **Lucien Ghanem**, Chair of the Summit, UAE
- MODERATORS
- **Prof. Dr. Peter Messmer**, Switzerland
- **Prof. Dr. Samir El Badawy**, Egypt
- **Prof. Dr. Ali Chamseddine**, Lebanon
- 08:15 – 08:35 *Fragility Fracture Center - A Model of Co- Management*
- **Prof. David Marsh**, UK
- 08:35 – 08:55 *Augmentation in Osteoporotic Fractures*
- **Dr. Michael Muller**, UAE
- 08:55 – 09:25 *The Broken Wrist - Leading Fracture in the Elderly: What to do?*
- **Prof. Michael Nerlich**, Germany
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- 09:25 – 09:40 *Exhibition - Tea & Coffee Break*
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- 09:40 – 10:10 *Surgical Innovation in Osteoporotic Fracture*
- **Dr. Saeed Al Thani**, UAE
- 10:10 – 10:40 *The Dilemma of Osteoporotic Periprosthetic Fractures*
- **Prof. Dr. Peter Messmer**, Switzerland
- 10:40 – 11:05 *Atypical Femoral Fractures*
- **Dr. Ghassan Maalouf**, Lebanon
-
- 11:05 – 11:20 *Exhibition - Tea & Coffee Break*
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- MODERATORS
- **Dr. Michael Muller**, UAE
- **Prof. Dr. David Marsh**, UK
- **Dr. Suha Abdel Aziz**, DHA, UAE
- 11:20 – 11:45 *Controversies in the Surgical Options for Unstable Inter-trochanteric Hip Fractures*
- **Prof. Dr. Ali Chamseddine**, Lebanon
- 11:45 – 12:10 *Vertebral Fragility Fractures: The Facts*
- **Dr. Ghassan Maalouf**, Lebanon
- 12:10 – 12:35 *Delirium*
- **Dr. Mohammad Ali Khezrian**, DHA, UAE

PROGRAMME

12:35 – 13:35 Lunch – Exhibition

MODERATORS

- Prof. Dr. Michael Nerlich, Germany
- Prof. Dr. Peter Messmer, Switzerland
- Prof. Dr. Ali Chamseddine, Lebanon

13:35 – 14:00 *Clinical Systems for Preventing the Next Fracture*
- Prof. David Marsh, UK

14:00 – 14:25 *Management of Spine Disorders in the Elderly*
- Dr. Mohamed Darwish, Oman

14:25 – 14:55 *The Fragility Fracture Centers in Europe*
- Prof. Michael Nerlich, Germany

14:55 – 15:10 Exhibition - Tea & Coffee Break

15:10 – 15:40 *Geriatric Services in Dubai, UAE*
- Dr. Amal Al Jaziri, DHA, UAE

15:40 – 16:00 *Swissness & Swiss Health*
- Raymund Furrer, Director of Swiss Business Hub, GCC

16:00 - 17:00 CLOSING WORDS AND DISTRIBUTION OF CERTIFICATES
- Lucien Ghanem, Chairman of the Summit, UAE
- Dr. Raymond H. Hamden, President of the Summit, UAE
- Prof. Dr. Peter Messmer, Chairman of the Scientific Committee, Switzerland
- Peter Harradine, President, Swiss Business Council Dubai & Northern Emirates, UAE,

**Day III - December 13, 2014 - On Personal Invitation only !
Parallel to The Scientific Conference**

NATIONAL CAPACITY BUILDING

08:00 - 16:00 **Dr. Raymond H. Hamden, USA (Lead)**
- International & Local Key Decisions Doctors & Authority