



THE PAN ARAB ORTHOPAEDIC ASSOCIATION

1st International Trauma Course Shoulder & Elbow Trauma

In collaboration with



THE LEBANESE
ORTHOPAEDIC
ASSOCIATION



&
THE SWISS ARAB
POSTGRADUATE CLINICAL ACADEMY

CME
CREDITS

MAY 18TH - 19TH 2012 MOVENPICK HOTEL, BEIRUT - LEBANON

1st

International Trauma Course

Shoulder & Elbow Trauma

WELCOME NOTE

COMMITTEES

The Pan Arab Orthopaedic Association organizes its First International Trauma Course among a series of courses on traumatic injuries of the musculo-skeletal system. Eminent International & Arab specialists in the field will participate to make it a successful & attractive event. The aim of this course is to bring together all orthopaedic surgeons interested into musculo-skeletal trauma, including residents, fellows as well as top of the notch specialists, & the final goal is to provide to our patients a high standard level of care.

This First International Trauma Course is without a doubt challenging & very ambitious. It is organized in form of 2 days meeting that intends to achieve an in-depth review of various aspects of traumatic lesions of the Shoulder & Elbow. Anatomy & surgical approaches of both regions are reviewed; theoretical & practical basis of reading radiographs. CT & MRI in traumatic situations are explained. The wide panoply of traumatic Shoulder & Elbow injury patterns is detailed along with interactive case discussions. The principles of management are exhaustively analysed, discussed & supported by video presentations; they comprise various situations including sprains, dislocations, fractures, fracture-dislocations, ligamentous & tendinous lesions.

At the end of the course, participants should be able to make decision when they are faced with traumatic injuries of Shoulder & Elbow, from the simplest to the most complex situations.

We hope this First International Trauma Course will be fruitful & followed by other profitable meetings in the trauma field.

We are looking forward to have you among us!

Sincerely yours,

Alli H. Chamseddine MD, FACS
Vice-Secretary General of the Pan Arab
Orthopaedic Association
Organizer & Coordinator of the Course



Mohamed H. Darwish MD, FRCS
Secretary General of the Pan Arab
Orthopaedic Association
Chairman of the Course



CHAIRMAN

Mohamed Hassan Darwish MD, FRCS

ORGANIZER & COORDINATOR

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SCIENTIFIC COMMITTEE

Ali Hassan Chamseddine
Marius Scariat
Peter Messmer

FACULTY

- Muhyeddine Al Taki** - Lebanon
- Thierry Bégué** - France
- Michel Cameli** - France
- Ali Hassan Chamseddine** - Lebanon
- Christian Cuny** - France
- Dominique François Gazizely** - Switzerland
- Antoine Haddad** - Lebanon
- Roger Jawish** - Lebanon
- Mustafa Khalaf** - Lebanon
- Peter Messmer** - Abu Dhabi
- Fabrizio Moro** - Switzerland
- Ramzi Mouchtrafieh** - Lebanon
- Marius Scariat** - France
- Hans-Kaspar Schwytzer** - Switzerland
- Oliver Verborgt** - Belgium

BOARD OF THE PAN ARAB ORTHOPAEDIC ASSOCIATION

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*This course is part of the Lebanese Board Teaching Program organized by the Lebanese Orthopaedic Association.
Access to all sessions of the course is free for all Residents who are attending this Teaching Program.*

FRIDAY MAY 18TH 2012

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08:00 **REGISTRATION**08:30-09:30 **ANATOMY & RADIOLOGY OF THE SHOULDER** (60 min)

- Surgical Anatomy & Approaches of the Shoulder **P. Messmer** (30 min)
- Radiographic; CT & MRI Evaluation in Shoulder Trauma **A. Haddad** (30 min)

09:30-11:00 **FRACTURES & DISLOCATIONS AROUND THE SHOULDER GIRDLE** (90 min)

- Fractures of the Clavicle: Surgical Technique & Results **O. Verborgt** (15 min)
- Acromio-Clavicular Dislocations **DF. Gazielly, A. Laedermann** (15 min)
- Sterno-Clavicular Dislocations **P. Messmer** (15 min)
- Fractures of the Scapula & Glenoid **F. Moro** (20 min)
- Life-Threatening Shoulder Injuries **DF. Gazielly, P. Hoffmeyer** (25 min)

11:00-11:30 **COFFEE BREAK**11:30-13:30 **ROUND TABLE: FRACTURES OF THE PROXIMAL HUMERUS** (120 min)

- Introduction **R. Moucharafieh** (5 min)
- Functional Treatment **DF. Gazielly** (15 min)
- Pinning & Minimally Invasive Techniques **M. Carnelli** (15 min)
- Antegrade Intra-Medullary Nailing **Ch. Cuny** (15 min)
- ORIF with Locking Plates **DF. Gazielly, P. Hoffmeyer** (20 min)
- Shoulder Arthroplasty **M. Scartat** (15 min)
- Non-union of Surgical Neck Fractures **F. Moro** (20 min)
- Indications & Literature Overview **P. Messmer** (15 min)

13:30-14:30 **LUNCH**14:30-16:15 **ROUND TABLE: ROTATOR CUFF PATHOLOGY** (105 min)

- Introduction **M. Scartat** (5 min)
- Patho-Anatomy & Diagnosis of Impingement Syndrome & Rotator Cuff Tears **M. Al Taki** (15 min)
- Biology of Healing of Rotator Cuff Tears: Implications for the Surgeon **O. Verborgt** (15 min)
- Partial Thickness Rotator Cuff Tears **HK. Schwyzer** (15 min)
- Arthroscopic Treatment of Impingement Syndrome & Rotator Cuff Tears **O. Verborgt** (15 min)
- Pathology of the Long Head of Biceps Tendon **HK. Schwyzer** (15 min)
- How to repair Rotator Cuff Tears: Open or Arthroscopy? **DF. Gazielly** (20 min)
- Discussion (5 min)

16:15-16:30 **COFFEE BREAK**16:30-18:15 **ZIMMER GMBH SYMPOSIUM** (100 min)**TREATMENT OF THE PROXIMAL HUMERUS FRACTURES WITH THE ANATOMICAL****SHOULDER FRACTURE IMPLANT O. Verborgt**

- Introduction (5 min)
- Proximal Humeral Fractures:
when to fix, when to replace, when to reverse? **O. Verborgt** (30 min)
- Anatomical Shoulder™ Fracture System: Principles & Technique **O. Verborgt** (30 min)
- Interactive Case Discussion (30 min)
- Conclusion (5 min)

END OF THE FIRST DAY



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SATURDAY MAY 19TH 2012

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08:30-10:00 **ROUND TABLE: SHOULDER DISLOCATIONS & INSTABILITY** (90 min)

- Introduction **M. Scarlat** (5 min)
- Patho-Anatomy of Anterior Shoulder Instability **M. Al Taki** (10 min)
- Arthroscopic repair of Anterior Shoulder Instability: Technique & Results **M. Al Taki** (10 min)
- Open Bristow-Latarjet for Anterior Shoulder Instability: Technique & Results **M. Scarlat** (15 min)
- Anterior Chronic Traumatic Instability of the Shoulder (ACTIS): Indications for Coracoid Transfer, Neer Capsular Shift, or Arthroscopic Bankart Repair **DF. Gaziely** (20 min)
- Posterior Shoulder Dislocation **A. Chamseddine** (20 min)
- Discussion (10 min)

10:00-11:00 **ANATOMY & RADIOLOGY OF THE ELBOW** (60 min)

- Surgical Anatomy & Approaches of the Elbow **P. Messmer** (30 min)
- Radiographic, CT & MRI Evaluation in Elbow Trauma **A. Haddad** (30 min)

11:00-11:30 **COFFEE BREAK**

11:30-13:30 **ROUND TABLE: ELBOW INSTABILITY** (120 min)

- Concepts of Elbow Stability **R. Moucharafieh** (20 min)
- Elbow Dislocations **P. Messmer** (15 min)
- Ligamentous Postero-Lateral Rotatory Instability of the Elbow **A. Chamseddine** (20 min)
- Fractures of the Olecranon & Coronoid **Th. Bégué** (15 min)
- Fractures of the Radial Head **F. Moro** (15 min)
- The Terrible Triad of the Elbow **Th. Bégué** (15 min)
- Complex Fractures & Fracture-Dislocations of the Elbow **F. Moro** (20 min)

13:30-14:30 **LUNCH**

14:30-15:30 **ROUND TABLE: FRACTURES OF THE DISTAL HUMERUS** (60 min)

- ORIF of Supra & Inter-Condylar Fractures of the Distal Humerus **P. Messmer** (20 min)
- Elbow Arthroplasty for Distal Humerus Fractures **HK. Schwyzer** (20 min)
- Coronal Fractures of the Distal Humerus **A. Chamseddine** (20 min)

15:30-16:30 **MISCELLANEOUS DIFFICULT CONDITIONS** (60 min)

- Posttraumatic Elbow Stiffness **Th. Bégué** (15 min)
- Neglected Elbow Dislocations **Th. Bégué** (15 min)
- Peri-Prosthetic Fractures in Upper Limb **F. Moro** (15 min)
- Soft tissue defects & coverage options in Elbow trauma **Th. Bégué** (15 min)

16:30-17:00 **COFFEE BREAK**

17:00-18:15 **ROUND TABLE: FRACTURES OF THE HUMERAL SHAFT** (75 min)

- Introduction **R. Moucharafieh** (10 min)
- Conservative Treatment: Technical aspects & Results **M. Khalaf** (10 min)
- Interlocking IM Nailing: Technical aspects & Results **Ch. Guny** (10 min)
- Elastic IM Nailing: Technical aspects & Results **R. Jawish** (10 min)
- ORIF with Plate & Screws: Technical aspects & Results **F. Moro** (10 min)
- Radial Nerve Transposition **A. Chamseddine** (10 min)
- Radial Nerve Paralysis: What to do? **F. Moro** (10 min)
- Discussion (5 min)

18:15-19:15 **PANEL INTERACTIVE CASE DISCUSSION WITH FACULTY** (60 min)

END OF THE COURSE

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REGISTRATION FEES US\$450

including

- Access to the Scientific sessions & the exhibition area
- CME credits
- Certificate of Attendance
- Coffee Breaks
- Lunches

Hotel name	Rooms Categories	Rate	
		Single	Double
Movenpick Hotel & Resort - Beirut (5*) Course Venue	Deluxe Courtyard View	\$240 + 10% VAT	\$260 + 10% VAT
	Deluxe City View	\$260 + 10% VAT	\$280 + 10% VAT
	Deluxe Sea View	\$290 + 10% VAT	\$310 + 10% VAT
Lancaster Hotel - Beirut (4*) (3 min walking distance)	Standard room	\$130 + 10% VAT	\$140 + 10% VAT
Lancaster Suites - Beirut (4*) (3 min walking distance)	Standard room	\$140 + 10% VAT	\$150 + 10% VAT
Coral Beach Hotel - Beirut (5*) (10 min distance by car)	Classic	\$160 + 10% VAT	\$180 + 10% VAT
	Preferred	\$180 + 10% VAT	\$200 + 10% VAT
Holiday Inn Dunes - Verdun (4*) (10 min distance by car)	Standard room	\$180 + 10% VAT	\$200 + 10% VAT

N.B. All the above room rates are on bed and breakfast basis and might increase by 10% depending on the available categories.

The booking cannot be processed without 2 hotels nights' deposit. Any cancellation should be communicated by email or fax before April 15th 2012 in order to refund the amount paid; otherwise no refund will be done.

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for more info



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