



# **1<sup>st</sup> Middle East Best of St. Gallen Breast Cancer Conference**

October 19–21, 2011 – Dubai/United Arab Emirates

in collaboration with







### Best of St. Gallen 2011

#### Why should I attend?

The *Best of St. Gallen 2011* brings the consensus of the world-famous St. Gallen International Breast Cancer Conference for the first time to the Middle East! The highlights of the 12<sup>th</sup> edition taking place from March 16–19 2011, in St. Gallen/Switzerland will be presented by high-caliber speakers, and poster sessions provide a platform to meet with internationally recognized experts, network with colleagues, and share experience.

#### Who should attend?

Physicians involved in the diagnosis, prevention, and treatment of breast cancer: Oncologists, internists, gynecologists, and surgeons, but also general practitioners and family doctors.

#### Accreditation

The *Best of St. Gallen 2011* course will be accredited by the European Accreditation Council for Continuing Medical Education (EACCME) and the Dubai Health Authority (DHA); certificates will be handed over to the delegates at the end of the completed course.

### Course fee and registration

Early registration fee: **AED 1'075 / USD 295** Late registration fee: **AED 1'375 / USD 375** 

Registration opens April 2011. For further information visit www.sapca.ch/courses

### **Preliminary Program**

#### **Morning Session**

- Introduction to the St. Gallen International Breast Cancer Conference system
- Molecular classification of breast cancer versus optimal pathology: what's best?
- Evaluation of diagnostic breast imaging: beyond mammography
- Immediate versus late breast reconstruction after mastectomy: the pros and cons
- The disease-related indicators for proper choice of adjuvant systemic therapy in patients with operable breast cancer

#### **Afternoon Session**

- The special therapeutic problems of patients with "triple-negative" breast cancer
- The special problems with HER-2 positive breast cancer: Trastuzumab and beyond
- Is caring for bone health also fighting or even preventing – breast cancer?
- The St. Gallen breast cancer treatment consensus 2011: what is the real news?



### **Contemporary Breast Cancer Care**

Thursday, October 20, 2011



#### Why should I attend?

*Contemporary Breast Cancer Care* provides a comprehensive overview of the modern treatment of breast cancer: practical issues of day-to-day utility in common surgical practice will be discussed by internationally recognized experts; video sessions and case discussions provide a platform to share "best practices".

#### Who should attend?

Surgeons involved in the operative treatment of patients with breast diseases (malignant and benign), but also oncologists, internists, gynecologists, and related specialties interested in the modern treatment of breast cancer.

#### Accreditation

The *Contemporary Breast Cancer Care* course will be accredited by the Dubai Health Authority (DHA); certificates will be handed over to the delegates at the end of the completed course.

Course fee and registration Early registration fee: AED 1'075 / USD 295 Late registration fee: AED 1'375 / USD 375

Registration opens April 2011. For further information visit www.sapca.ch/courses

### **Preliminary Program**

#### Symposium 1

Prevalence and incidence of breast cancer in the Middle East

- Is breast cancer in the Middle East the same disease as in the rest of the world?
- Breast cancer in the Middle East: the magnitude of the problem

#### Symposium 2

#### **Breast conservational approach**

- Is mastectomy an obsolete surgical procedure?
- Management of non-palpable breast lesions
- Breasts when to conserve and when not to conserve
- Breast conservation in locally advanced breast cancer
- Radio-therapy in breast conservation treatment

#### Symposium 3

Management of axilla and sentinel lymph nodes studies

- Outcomes and morbidity of axillary dissection in node-negative axilla
- Sentinel lymph nodes concept; technique of SLN identification in breast cancer
- Should sentinel lymph node biopsy be done for early breast cancer?
- Sentinel node biopsy: indications for a complete axillary node dissection

#### Symposium 4

#### **Comprehensive Breast Cancer Care**

- Clinical practice guidelines for breast cancer diagnosis and management
- Screening and diagnosis of breast cancer in a resource-restricted environment
- Common errors in breast cancer surgery
- Adjuvant radiation therapy for breast cancer
- Current concepts in the hormonal management of breast cancer

Friday, October 21, 2011



#### Why should I attend?

The Oncology Course for Nurses offers updated medical and nursing science for nursing staff involved in cancer care. The program helps you stay informed of the current understanding of cancer epidemiology, early detection, and therapeutic interventions. It will focus on patients with breast cancer and provides a unique possibility to exchange nursing knowledge, experiences, and developments.

#### Who should attend?

Nurses and allied health personnel involved in the care of cancer patients.

#### Accreditation

The Oncology Course for Nurses will be accredited by the European Oncology Nursing Society (EONS) and the Dubai Health Authority (DHA); certificates will be handed over to the delegates at the end of the completed course.

Course fee and registration Early registration fee: AED 375 / USD 99 Late registration fee: AED 450 / USD 125

Registration opens April 2011. For further information visit www.sapca.ch/courses

## **Preliminary Program**

#### **Morning Session**

- The changing demography of breast cancer incidence
- Preventing cancer and cancer relapse a focus on physical exercise
- Early detection of breast cancer what every woman should know
- Immediate versus late breast reconstruction after mastectomy: the pros and cons

#### **Afternoon Session**

- Preventing mucositis in patients with chemotherapy: a risk-adapted approach
- Cancer-related fatigue: is there an evidencebased approach?
- Preventing vomiting and nausea in patients with high-emetogenic chemotherapy
- Key issues of psycho-social cancer care

