



- live surgeries
- practical workshops
- case discussions

## EFORT Instructional Course Patello-Femoral Disorders

November 15 and 16, 2011 – Medical University of Bahrain

# Instructional Course Patello-Femoral Disorders

## Why should I attend?

The *Instructional Course Patello-Femoral Disorders* gives you the chance to meet with internationally recognized experts, network with colleagues and share experience. Live surgery sessions demonstrate international "best practice" and practical workshops offer a unique opportunity to deepen your technical skills.

## Who should attend?

The *Instructional Course Patello-Femoral Disorders* is an ideal learning platform for orthopedic surgeons to get acquainted with the latest procedures and techniques around the most frequent pathologies of the knee. Younger colleagues will get a comprehensive overview about the topic including practical sessions whereas more experienced participants will get the opportunity to complete their knowledge and skills.

## Accreditation

The *Instructional Course Patello-Femoral Disorders* will be accredited by the European Accreditation Council for Continuing Medical Education (EACCME) and the Ministry of Health of Bahrain; certificates will be handed over to the delegates at the end of the completed course.

## Course fee and registration

Early registration fee: **USD 430**

Late registration fee: **USD 540**

Registration opens May 2011. For further information visit [www.sapca.ch/courses](http://www.sapca.ch/courses)

## Preliminary Programme

### Tuesday, November 15, 2011

#### Episodic Patellar Dislocation

- Biomechanics of the patello-femoral joint
- Factors of instability
- Trochlea dysplasia
- Imaging

#### Medial Patello-Femoral Ligament

- Biomechanics of the MPFL
- Positioning analysis
- Techniques of reconstruction
- MPFL and immature skeleton

#### Bony Procedure

- Rationale and technique for ATT procedure
- Arthritis and ATT

### Wednesday, November 16, 2011

#### Trochleoplasty

- Trochleoplasty and Biomechanics
- Surgical techniques
- Arthroscopic procedure / cartilage viability

#### Patello-Femoral Arthritis

- Non-prosthetic treatment
- Rationale for PF arthroplasty
- Techniques of PF arthroplasty

#### On both days

- Live surgeries
- Practical workshops
- Case discussions